

# Chef Cara L. Benski-McPhee

## Baking and Pastry Chef Instructor



### **Education:**

Baking & Pastry Arts A.S.  
Food Service Management B.S

### **Hobbies:**

Crochet

### **Favorite Dish:**

Stuffed Cabbage

### **Experience:**

9 years in the industry  
Pastry Chef Westin Resort, St. John,  
U.S.V.I.

### **Awards/Affiliations:**

Educator of the year, 2005